



Help
Overcome
Problems
Educate

HRG Community Resource Guide



(Farmers market 2015)

Oct.-Dec.-2016

JOIN US ON FACE BOOK:- www.facebook.com/HRG.Resources.News/

#IfItsFreeIts4MeThisWeek

@HRG.Resources.News

Many free resources

OUR MAIN ONLINE NEWS PAPER:

www.HrgCommunityNews.com- with free resources link

& our Blog: WWW.hrgmediaorg.wordpress.com/

Call: 201-357-0828 fax-201-833-9366 All Resources can be found online

ER.: AN-2016AN-line-Ver

Editor@HrgCommunityNews.com

Senior Services of Bergen County have many Centers



FREE LUNCH AT SENIOR CENTERS WITH SUGGESTED \$1.25 ONLY

Around the county with Lunch and other services.

Lunch is only 1.25 Suggested donations not mandatory as Senior Director stated.

Bergenfield Senior Activity Center-293 Murray Hill Terrace Bergenfield ph: (201) 387-7212

Elmwood Park Senior Activity Center Market St. & Boulevard Elmwood Park Ph: (201) 796-3342

Garfield Senior Activity Center 480 Midland Avenue Garfield Ph: (973) 478-0502

Northwest Senior Activity Center 46-50 Center Street Midland Park Ph: (201) 445-5690

North Arlington Senior Activity Center 11 York Road North Arlington Ph: (201) 998-5636

Palisades Park Senior Activity Center 300 Highland Avenue Palisades Park Ph: (201) 944-5616

Southwest Senior Activity Center 147 Hackensack Street East Rutherford Ph: (201) 935-8920

Ridgefield Park Senior Activity Center 159 Park Street Ridgefield Park Ph: (201) 641-1220

United Senior Activity Center 101 Hudson Street Hackensack Ph: (201) 336-3320

Wallington Senior Activity Center 24 Union Boulevard Wallington Ph: (973) 777-5815

Cliffside Park Senior Activity Center Gerald A. Calabrese Complex 500 Gorge Road (201) 943-3768

Martin Luther King Jr. Senior Center 375 First St. Hackensack (201) 488-2495

Note Free Transportation with Bergen County Transportation- information- Bergen County Community Transportation- 178 Essex St, Lodi, NJ 07644 Phone: (201) 368-5955



Many towns in Bergen County Have passed resolutions to become stigma free. If your town wants to get involved in the program or find out what it is about, please call Bergen County Mental health division at One Bergen Plaza. -Michele Hart-Loughlin; Program Coordinator Bergen County Department of Health Services Division of Mental Health One Bergen County Plaza 4th Floor Hackensack mhartlo@co.bergen.nj.us 201-634-2745 <http://www.co.bergen.nj.us/index.aspx?NID=1242>

If you have a mental illness and you have legal needs; you have rights! the Bergen County Mental Health Law project - Plaza 4th floor-Phone: 201-634-2762



Bergen county mental health board meeting is once a month at plaza one in Hackensack. They are on different days but all are welcome to air concerns and such. 6-7 pm call plaza one for details 201- 336-7000
Remember, if you have a problem w/ addiction- teen challenge- (any age by the way) -new location-for info check with Church Emanuel in Hackensack

Domestic Violence Advocate / Organization: CELEBRATING 6 YRS- Never Alone Again Resource Center Interested in our services? contact -Never Alone Again Resource Center Phone: 201-281-7295 - 201-289-1718 Email: neveralonaagain@aol.com

Center for Hope and Safety (Formerly Shelter our Sisters) Bettered Woman's shelter is in Teaneck phone # (201) 498-9247 If you or you know woman that is abused you can call their new # (201) 498-9247 / (201) 944-9600

Addictions Hotline -Bergen County Office of Alcohol and Drug Dependency – 201-634-2740 Website: <http://www.co.bergen.nj.us/index.aspx?NID=344>



E C C I
CHILDREN'S AID AND

Supported BCPO: BC OADD, The Center for Alcohol & Drug

Resources: 336-3310-OADD



The Center for Alcohol and Drug Resources: mentorship program looking for recovery coaches/Volunteers:

Purpose of the OADD: The Bergen County Department of Health Services Office of Alcohol and Drug Dependency (OADD) is committed to the prevention and treatment of substance abuse. Our staff is comprised of well-trained professionals who maintain a variety of credentials. Volunteers, both lay and professional, young, and seasoned are invited to contact our office at 201-634-2740 to learn more about what we do and ways to be of service in the field of substance abuse. The OADD offers information and referral for Assessment, Outpatient Services and Intensive Outpatient Services. We also offer Bergen County residents Detoxification Services, Residential Treatment, Halfway House Services, and Self-Help Groups.

We provide funding for a continuum of care for people with addictions, as well as their family and friends with a grant from the New Jersey Department of Human Services, Division of Mental Health and Addiction Services (DMHAS) We oversee the provision of treatment through the Addiction

Recovery Program (ARP), Spring House Halfway House for Women and the Intoxicated Driver Resource Center (IDRC). We support professional and community-wide training.

We provide funding and technical assistance to Municipal Alliances who seek to prevent substance abuse with a grant from the Governor's Council on Alcoholism and Drug Abuse (GCADA).

Get involved with the community; Our prosecutors have community Facebook page :

<https://www.facebook.com/BCPONJ/>



Volunteer with the Recovery Coach Academy

The Bergen County Recovery Coach Academy was developed to enlist former opioid users who are living a life of recovery and want to volunteer as Recovery Coach Peer Mentors. These volunteer Coaches will support individuals who have overdosed on opioids and are brought to the hospital Emergency Room after having been revived with Narcan administered by the police. This new program is seeking volunteers who are at least 6 years in recovery, have a sponsor, and have been through the 12 steps 2 times and are willing to meet survivors at the hospital to engage in a conversation about recovery. Survivors will voluntarily meet with our Coaches who understand the complexity of their addiction to opioids and can connect them to resources that can support recovery and end the "revolving door" of emergency room post-hospitalization.: Chanel Dupree, 201-740-7069 TheCenter@cafsnj.org

VETERAN SERVICES Directory-

VETERANS- BERGEN COUNTY Division of Veterans Services One Bergen County Plaza, 2nd Floor- Hackensack NJ 07601 (201) 336-6325

<http://www.co.bergen.nj.us/veterans>

North Hudson Community Action Corporation SSVF Program | NHCAC -6'th floor, Urban Plaza Building, 25 East Salem Street, Hackensack (201) 320-0816

Catholic Charities Paterson-1-855-sos-VETS 973-399-1333- Monday – Friday

9:00AM - 5:00PM

Head Strong project- PTSD/ADDICTION/DEPRESSION COUNCILING-201-783-4918

Soldier On- Various Veteran Services- 413-533-2941-NY & NJ Soldier On- 1-866-406-8449

Community Hope Veterans Services Garfield NJ- Phone: (973) 463-9600

855-483-8466-SSVF HOTLINE

VA Hackensack Clinic 385 Prospect Ave Hackensack (201) 342-4536 Veterans Crisis confidential toll-free hotline, call 1-800-273-8255 & Press 1, support <http://www.veteranscrisisline.net/> HRG Community Resources -206-350-7769 resources for homeless/low income & where to get free: Services, clothing, Food, Meals and Free events in Bergen County!

Social Services Rochelle Park. 201-368-4200 218 North, 17, Rochelle Park (201) 368-4200

CHURCH ON THE GREEN'S "River Mission", HACKENSACK- -Second reformed Church



FREE BERGEN COUNTY VETERANS / COLUMBIA U. HORSE THERAPY STUDY:

The Cohen Veterans Center at the NYU Langone Medical Center is seeking veterans diagnosed with depression, or experiencing the following symptoms:

- Feelings of sadness, tearfulness, emptiness or hopelessness
- Angry outbursts, irritability or frustration, even over small matters
- Loss of interest or pleasure in most or all normal activities
- Sleep disturbances, including insomnia or sleeping too much
- Tiredness and lack of energy, so even small tasks take extra effort
- Anxiety, agitation or restlessness
- Slowed thinking, speaking or body movements

- Feelings of worthlessness or guilt, fixating on past failures or blaming yourself for things that aren't your responsibility

Eligible participants may receive compensation up to \$515.00 for their time and effort, with additional compensation available for travel expenses.

The goal of this study is to increase understanding of biological factors associated with mental health challenges, with the long term goal of helping future veterans and civilians with depression, posttraumatic stress and related conditions. This study includes both deployed and non-deployed veterans. -No treatment or drugs are given.

- All personal information provided is 100% confidential and protected by federal HIPAA Laws. Your privacy is ensured. - Participating in this study involves an interview, as well as participating in procedures such as a blood draw and MRI brain scan, taking approximately 12-15 hours, over 3 visits (with evening and weekend availability upon request).

We request proof of military service, such as a military ID or DD214.

To participate, please call our Research Associate at: 877-698-3299



****NEW****

The Wilson Life Skills Institute



<http://www.thewilsonlifekillsinstitute.org/>

The Wilson Life Skills Institute

492-C Cedar Lane #530

Teaneck, NJ 07666

O: 201.833.8338 F: 201.708.6540

Life Skills Training Classes

- Nurturing Fatherhood Training Entrepreneur Training
- Negotiation Training Goal Setting
- Conflict Resolution/Anger Management Communication Skills
- Interviewing Skills Time Management
- Team Building Job Search
- Assertiveness and Self Confidence Credit sand Budgeting
- Marriage and Parenting Leadership Skills



****NEW****

**CAN'T AFFORD MEALS AND NEED SOME FREE PREPAIRED TV STYLE DINNERS
(Anyone in need):**



VFW Post 2867 Garfield call: (973) 772-4696

Bergen County Housing Health and Human Services Center



(Homeless shelter) Located at 120 South River Street Hackensack 201-336-6475 The Bergen county homeless shelter, human services besides being a homeless shelter they have a wide variety of services for all of our homeless and low income community....

If you want to know what services there are out there that you might qualify for, they have a very knowledgeable staff that can direct you & next step- where you can get a wide variety of resources and programs that might fit your needs. Many organizations are there to help with your needs in our community.

Free meals for the community lunch & dinner lunch 7 days a- 11:30-12:30 dinner 5pm-6pm

Next Step is 9:30-11 am and 1pm-4pm and has a variety of information and things to do. * use the phone, take showers, get toiletries and clothing. A computer Lab for job search is open Monday thru Friday 9am-12pm and Sat, 9:45am to 4:45pm, Sunday 10am -1pm. Other services during next step organizations like P.A.T.H, care plus, social services for EBT applicants, and H.O.P.E. reentry program,

project literacy, Job Tracks- employment services for mentally ill in Bergen County. Legal Services are available Wednesday 11-3pm and AA meets Monday, Wednesday, Friday and Saturdays 7pm in the wellness area.

How to appeal for shelter:



BERGEN COUNTY HOUSING, HEALTH AND HUMAN SERVICES CENTER
120 SOUTH RIVER STREET
HACKENSACK, NJ 07601-6908
(201) 336-6475
Fax: (201) 488-9298
TDD: (201) 343-2185

JULIA M. ORLANDO, CRC, ED.M, MA
DIRECTOR

Effective Date: 03/22/12
Revision Date:
Revision No:
Date: 03/22/12

GRIEVANCE/APEAL PROCEDURE

Appeal Process Steps to take:

If an individual is not accepted for shelter or has been negatively discharged, they may appeal this decision as follows:

- For individuals denied shelter admission or discharged from the shelter on a clinical basis they should contact the Coordinator for Program Services and if the issue is not resolved they should contact the Center Director and finally the Housing Authority of Bergen County.
- For individuals who are denied shelter admission or discharged from the shelter for all other reasons should contact the Program Manager and if the issue is not resolved they should contact the Shelter Manager and if the issue is not resolved they should contact the Center Director and finally the Housing Authority of Bergen County.

How to appeal for shelter

Discharged from shelter for behavioral issues

- Denied for shelter or were discharged- request meeting with Coordinator for Program Services. By calling 201-336-6475
- Not satisfied with the meeting with the Coordinator for Program Services? Then you need to contact the Center Director to schedule an appeal with the Center Director.
- Not satisfied with the meeting with the Center Director? Then you need to contact the Housing Authority of Bergen County's Executive Director and asking for an appeal

Denied shelter admission-or discharged

- Call the Program Manager of Next Step- and request a meeting.
- Not satisfied with the meeting with the Program Manager? Then you need to contact the Director of the Shelter at 201-336-6475.
- Not satisfied with the meeting with the Director of the shelter? Then you need to contact the Coordinator for Program Services and ask for an appeal at 201-336-6475.
- Not satisfied with the meeting with the Coordinator for Program Services? Then you need to contact the Center Director by calling 201-336-6475.
- Not satisfied with the meeting with the Center Director? Then you need to contact the Housing Authority of Bergen County's Executive Director

What is a Freeholder and which freeholder is assigned to what agency they advocate for the residents of Bergen county...



We have a great **Board of Chosen Freeholders** that really want to help the residence of Bergen County and if you have any concerns their public meetings are usually on Wed. 7:30 pm you can call them and make an appointment or speak at their open sessions @ One Bergen plaza-201-336-6526

<http://www.co.bergen.nj.us/index.aspx?NID=470>

2016 Freeholders' Committee/Leison to community- Assignments:

Freeholder Board Representation /2016 Freeholders' Committee Assignments

BC Housing Authority Liaison Zur

BC Economic Development Corp. (BCEDC) Zur

BC Open Space Trust Fund Tanelli

Board of Social Services Voss and Zur

Board of School Estimate Bergen Community College Chair: Ganz

DeNicola and Voss

Vocational Schools Chair: Voss

DeNicola and Tanelli

Special Services Chair: Voss

Ganz and Zur

Food pantries etc.:



St. Maria of Paris Food Pantry- 200 3rd St. Passaic

(201) 747-8706 must have/ be-Garfield, Lodi & Passaic residents proof (photo id.) of income and expences ssi, Ebt, USF /leap ie

Bogota- Saint Joseph's Church 115 E Fort Lee Rd (201) 342-6300 food pantry:

Kristina- 201-390-0867 Cliffside Park -Church of the Epiphany RC 247 Knox

Ave (201) 943-7320 call for details

Fair Lawn- Saint Anne's

Church 15-05 St Anne St (201) 791-1616 residents get set up ask for Lenora

Garfield & Lodi -St. Joseph Church 8 St. 40 Spring Street Lodi, New Jersey

07644. Tel. 973-779-0643 ... (St.Teresa of Avila, Doctor of the Church; Spiritual

Maxims #65). visit. serves: mon 10-12 Hackensack- 1'ST B.
CHURCH. EMERGENCY FOOD CALL FIRST 487-1244 ANDERSON PARK
BUDDIES CALL (HIV POS.)M-F9-5 149 HUDSON STREET HACK201-489-2900
Mt. Olive 2'nd &4'th Th. 10-12 Central avenue Hackensack
Holy Trinity Church2'nd Sat. & 4'th Pang born st. Hackensack & CFA-call for
appt. 201-343-6543 m-f lt. ferry -ST MARGRET's 3'rd wed of mo. liberty st
Leonia -St. John the Evangelist Church 235 Harrison St must set up with buro
hall to register then they will set up an appointment with St. john's (201) 947-
4545 by appointment residents No. Arlington / Lyndhurst-
Queen of Peace Church- Sat. 8:30 am 200 Ridge Rd , North Arlington
(201) 991-0235

Rochelle pk -Sacred Heart 201 843 8812 call-emergency basis only every sat.
Register - other towns too Teaneck Assembly of God 185 W Englewood Ave
(201) 837-9300 tu. 1230-2:00th &6:30 residents' non-res. Only bread/basics
Teaneck

Teaneck-Faith & Hope Food Pantry Christ Church480 Warwick Ave. Teaneck-
location at 201-833-4502/3

Westwood-St Andrew Parish 120 Washington Avenue, Westwood Phone:
201.666.1100 call 4 info Woodcliff lake & Hillsdale - Hillsdale United
Methodist Church 349 Hillsdale Ave, Hillsdale 201-664-5231 call
first for info

Wyckoff- Reformed Church 580 Wyckoff Ave, Wyckoff(201) 891-1782 call for
details

NJ Food & Clothing Rescue A great resource For people in need- 201-747-8706
Bergen County towns bordering Passaic County & Passaic County as well
Follow them on Facebook; <https://www.facebook.com/njfoodclothingrescue>
Passaic County food pantries for Bergen County Residence

Emergency Basis-CUMAC is closed on Fridays. Phone: 973.742.5518 Office
Hours Monday - Friday: 8:30am - 4:30pm Food Pantry -Monday: 11am - 2pm
Tuesday - Friday: 9am - 2pm

Towns surrounding Ridgewood there is: Social Services of Ridgewood , E: Social
Service Association basic supplemental financial assistance 6 Station Waza
Ridgewood E :, (201) 444-2980 www.ssa6.org/



**** Don't forget that Transition Professionals has **Un-locked****

Thursdays as well as re-entry program and free clothing pantry all resources for
x-offenders

PET PANTRIES

ANIMAL ORG PET NEEDS-63 N. WASHINGTON AVE BERGENFIELD (201)768-0200

<http://www.clawsadopt.org> and animal shelter has free food***

****NOTE:** If you are homeless and you have pets, We know that Claws might be able to help Also Bergen County animal shelter can house your pet while you are at the "Center" in some cases-Bergen County Animal Shelter 100 United Lane Tetrboro's, Phone: 201-229-4600

For anyone with credit problems and can't

get a Regular back account: 1'st Federal Credit Union is a great way to Start.

Hours: Monday – Wednesday 9 a.m. – 4 p.m. Thursday – Friday 9 a.m. – 6 p.m.

Address: 1st Bergen Federal Credit Union 241 Moore Street Hackensack, NJ 07601 PHONE:

201-968-0202, FAX: 201-968-0203 e-mail address: info@1stbergen.com

BABY PANTRIES

FATHER ENGLISH 435 MAIN ST, PATERSON NJ MON-FRI (973) 881-0280 NEED ID & BABY ASWELL

LIGHTHOUSE 809 MAIN ST, HACKENSACK MON-FRI 9-4 (201) 501-8876

BABY BASICS PARAMUS MON-FRI (201) 261-2800 CFA- Refer - information area

FREE CLOTHING

CHURCH ON THE GREEN "River Mission" Tu.-11-2 we.-6pm Sundays 6pm – 8pm 42 Court Street, Hackensack - by Bergen County courthouse

CHURCH EMMANUEL Thursday at 7pm and Sunday at 10am 34 Van Wattering Pl, Hackensack - across from the shelter on South River Street

Transition PROFESSIONALS- CLOTHING FOR X-OFFENDERS "unlocked" 4-5 Shelter thrs.

Hope for x-offenders- Food and clothing for x-offenders- Passaic st Hackensack (directly crossed from Trinity Church)

*Holiday meals**

Thanksgiving, Christmas- always at the housing health and human services-120 so river st Hackensack-dinner starting at 4:30

Christ Episcopal Church 251 State St Hackensack/On Our own- contact for dates and times

Mount Olive Church Central Ave-contact for dates & times

Check on line for other dates and times .



Center for Food Action Location information:

CENTER FOR FOOD ACTION CATCHMENT AREAS

ENGLEWOOD

192 W Demarest Ave
Behind Westside Church
M-F 9-5
201-569-1804
Alpine
Bergenfield
Closter
Cresskill
Demarest
Dumont
Emerson
Englewood
Englewood Cliffs
Fort Lee
Harrington Park
Haworth
Leonia
New Millford
Northvale
Norwood
Old Tappan
Palisade Park
Ridgefield
Ridgefield Park
River Vale
Teaneck
Tenafly

RIDGEFIELD

1061 A Slocum Ave
Mon & Fri 10-4
201-242-0018
Fax 201-242-1648
Korean Spoken
Korean Food Avail
Soo 201-956-7630 (cell)

FAIRVIEW

239 Anderson Ave
Behind St. John's
M,T,TH 9:30-5
201-945-5831
Fax 201-945-5832
Cliffside Park
Edgewater
Fairview

SADDLE BROOK

224 Midland Ave
M 9-3:30, T12-6,
W-F 9-3:30
201-703-9857
Fax 201-703-1727
Carlstadt
East Rutherford
Elmwood Park
Fair Lawn
Garfield
Lodi
Lyndhurst
Maywood
North Arlington
Paramus
Rochelle Park
Rutherford
Saddle Brook
Wallington
Wood-Ridge

RINGWOOD

145 Carletondale Road
T & Th 10-1
201-529-2029
Fax 973-962-9001
Upper Passaic Valley
Bloomingsdale
Clifton
Haledon
Haskell
Hawthorne
Hewitt
Little Falls
Newfoundland
North Haledon
Packanack Lake
Passaic Park
Pompton Lakes
Prospect Park
Ringwood
Totowa
Upper Greenwood Lk
Wanaque
Wayne
West Milford
West Paterson

HACKENSACK

316 First Street (rear)
New Hope Baptist Ch
M-F 9:30-2:30
201-883-9375
Fax 201-883-9379
Bogota
Hackensack
Hasbrouck Heights
Little Ferry
Moonachie
Oradell
River Edge
South Hackensack
Teterboro

MAHWAH

90 Ridge Road
M 10-6:30, T-F 10-2
201-529-2029
Fax 201-529-2098
Allendale
Franklin Lakes
Glen Rock
Ho-Ho-Kus
Mahwah
Midland Park
Montvale
Oakland
Park Ridge
Ramsey
Ridgewood
Saddle River
Upper Saddle River
Waldwick
Washington Twp
Westwood
Woodcliff Lake
Wyckoff

PATERSON

RESIDENTS:
Passaic Dept of Human
Services 973-881-2834

FREE MEALS

****NEW**** Ebenezer Church-169 Hudson St. Hack Sat. 8-10 am FREE BREAKFAST

***** SCHEDULE FOR THE VARACK/NEW HOPE CHURCHES FREE LUNCHESES-**

Varack Church on Atlantic St. (A crossed St from Friendship house)-Even month's 3rd Sat-11:30

New Hope church (next to CFA on 1st St.)-Odd months-12:00 3rd Sat.

CHURCH ON THE GREEN WED MASS & SNACKS BAGELS Wednesdays 6pm-7 pm

CHURCH ON THE GREEN SUNDAY MASS & Dinner Sundays 6pm-7pm

• TRINITY CHURCH BREAKFAST -8:00am-1st Saturday -the month.218 Passaic St, Hackensack

TRINITY CHURCH LUNCH 11:30am 2nd Saturday of the month 218 Passaic St, Hackensack

CHURCH EMMANUEL Thursday at 7:00PM and Sunday at 10:00am

34 Van Wetering Pl, Hackensack - across from the shelter on South River Street

FAMILY PROMISE OF BERGEN COUNTY DAILY AT 5:00PM 120 South River Street, Hackensack

MT.olive- Central ave- 4th Sat. of month 11 am

Church Emanuel- 34 van wetering pl. Hackensack Thrs.-7:30 mass free

Dinner & clothing pantry Sunday-10:30 mass free dinner and clothing pantry

One Stop Organizations That Serve the Bergen County Area

****NOTICE:** Buddies of North Jersey 149 Hudson street Hackensack NJ is offering FREE MC DONALDS gift cards anonymous HIV testing drop by or call for information. www.njbuddies.org/

Another great Organization: Heightened Independence & Progress (hip) in Bergen County and in Hudson County. Programs and. In some situations identical services are handicapped needs .provided, programs are specific to each CIL which may have County - Call Hackensack Location (201) 533-4407

"ON OUR OWN" Wellness Center-179 Main Street, Hack.(201) 489-8402

CBH Care: 395 Main Street, Hackensack - they help people with mental illness. Their Path program helps mentally ill find housing & other things. (201) 646-0333 Senior Center: 101 Hudson Street, Hackensack-Everything for seniors 60 and over you can check out our website for their information or call at: (201) 336-3322

Family Promise of Bergen County has played a pivotal role in serving thousands of Bergen County's most vulnerable citizens - homeless, hungry & needy families and individuals. Contact Executive Director, Kate (201) 833-8009 <http://www.familypromise.org>

Path program at comp care helps homeless people with mental illness, find housing & various resources and if you need a dr and mental health issues, 201-646-0333 <http://www.cbhcare.com/>

CAP.has many programs available in our community of Bergen County. <http://greaterbergen.org/> - 241 More St. Hackensack NJ cont.: Ladder Project- 201-342-8469 -ACES project- 201-968-0200 ETC cap's Garfield location 973-685-0005 ext. 1050- Cap's head start program-201-968-0200

Care Plus www.careplusnj.org 610 Valley Health Plaza, Paramus, NJ 07652 (201) 265-8200 mental health housing help icms

Housing information: - <http://fairhousingnj.org/> The Fair Housing Council: 131 Main Street #140
Hackensack- Offers clients expert housing & financial counseling. This includes in-person and
telephone counseling, housing referrals Homelessness Prevention Counseling

If you are in Bergen County NJ and are homeless and need shelter for tonight, please call the Bergen
County Homelessness Prevention Hotline at 888-3-Bergen.

New Resources for Native American Indians:

Ramapough Lenape Community Center 189 Stag Hill Rd
Mahwah, NJ 07470 201-529-1171 One Stop for American Indians
<http://www.ramapoughlenapenation.org/>

NJ American Indian Affairs: http://www.nj.gov/state/programs/dos_program_njcaia.html

Government sponsored free phones-Lifeline Assistance, low income
cell phone <http://www.assurancewireless.com/> <https://www.reachoutmobile.com/>
https://www.safelinkwireless.com/Safelink/enroll_lifeline

Contact phone #'s -Vital Stats : 609-292-4087 -Fax 609-943-3126 SSI Hackensack 866-964-
4680 Uscis: 800-375-5283 Social Services Rochelle Park. 201-368-4200

Surrogate court: 201-646-2252- for adoption- records to obtain id's Logistic-care: 866-527-9933 F O I
A 800-375-5283 One Bergen main line- 201-336-6000, **Bergen County homeless hotline. 1-888-323-
7436 24/7 **BC Homeless prevention hotline-201-336-6490, HRG Resource Guide 206-350-7769

Other good resources: Something to note for seniors and the disabled:
Bergen County meals on Wheels program Meals on Wheels: 201-336-7420; Main:
201-336-7400; Fx: 201-336-7436 ... home delivered meal programs serving Bergen
County residents call to see if you qualify! BC CAP weatherization assistance
program and usf/leheap 316 state street Hackensack- 201-488-5100 You may
qualify to have your apartment / place of residence weatherized for maximum
energy efficiency!NJ has a disabled/senior single trip ticket program Reduced rate
program call NJT-973-275-5555If you have a mental illness and you have legal
needs; you have rights! Contact the **Bergen County Mental Health Law project** at
one Bergen Plaza 4th floor-Phone: 201-634-2762

Bergen County Board of Social Services

218 Route 17 N. Rochelle Park, New Jersey Tel 201-368-4200

Services: Food Stamps, General Assistance, TANF, Family Care! Note: advice if
you can and if you need to apply for EBT try to do the online app. This way you are
in the system when/ if you have to go over there!- <https://oneapp.dhs.state.nj.us/>

****Center for Hope and Safety** (Formerly Shelter our Sisters)
Bettered Woman's shelter is in Hackensack phone # (201) 498-9247 If
you or you know woman that is abused you can call their new # (201)



Transition Professionals- aware of issues ex-offenders: employment,
counseling, clothing, healthcare, housing +. That's what we do, we help give the
second chances they deserve.269 Passaic Street, Hackensack 201-883-

9360 info@transitionprofessionals.org 285 Passaic Street, Hackensack

NA MEETINGS SUNDAY @ 2 PM

*****Homeless shelters and half way houses- (Some of the shelters we will only list a phone number and not the address)**

Bergen county homeless shelter 120 south river street Hackensack nj 07601 Shelter Our Sisters: **Emergency Shelter Program**, NJ 07601

(201) 498-9247 this program offers safe and confidential housing 24/7, as well as basic needs for women and children as they escape violence. A variety of services are provided: therapeutic counseling, case management services, court and legal assistance, advocacy, community resource referrals; job and housing searches and Hispanic outreach.

Conklin youth shelter teeterboard 201-336-3953 200

Family shelter call Rochelle Park Social services 201-368-4200 We have heard that you must be receiving TANIF you can also call plaza one in Hackensack. drop by housing authority. Other shelters for specific needs like homeless pregnant teens and such: BC homeless shelter: 201-336-6475

PHASES-thru CAP for homeless adolescents 201-489-6586 in Hackensack.

Covenant house- 1-800-999-9999

Zoies teaneck-973-458-1007

Ramsey and hotline: 800-662-2678- 888-323-7436

A good resource for teens is Light house:

809 Main St Hackensack, New Jersey (201) 501-8876

Halfway houses-

The ladder project- for substance abuse and such call for information-201-342-0029

Spring house / halfway house for women is still in Paramus nj on the property of Bergen Regional: call for information: 201-261-3582 it is a halfway house for drug and alcohol recovery!

Teen Challenge is transitional housing and that is all over and Church Emmanuel at 34 van wetering place Hackensack is directly connected to this great resource! If you cannot get into a Bergen county shelter you can try some of the Paterson's shelters and some programs that can help: **Eva's Village (Main Facility)** 393 Main Street Paterson, NJ 07501 Main Number (973) 523-6220 **Eva's Men's Shelter** 389 Main Street Paterson, NJ 07501 (973) 247-0143 **Eva's Women's Shelter** 31 Jackson Street Paterson (973) 2791004

Eva's Hope Residence for Mothers and Children Women's Shelter

25 Jackson Street Paterson, NJ 07501 (973) 742-2302 **Family Promise of Passaic County** Director Catherine S. Bocard PO Box 1588 Passaic (973) 928-6007

You can check out our online newspaper:

www.HrgCommunityNews.com

Besides local events and news in our community, we have added a new section about free things happening at your local library!

Join us- Facebook for daily updates in our Community: www.facebook.com/HRG.Resources.News/

HRG Bergen: <http://homelessresourceguidenewsorg.zohosites.com/>

HRG Passaic: <http://hrgresourceguideofpassaiccounty.zohosites.com/home.html>

HRG Hudson: <http://hrgresourceguideofhudsoncounty.zohosites.com>

Please join us and "LIKE" us on Face Book



Our interactive face book page you can get resources and ask our FB Family questions and get answers for resources that you might need! Check us out and interact. We want to make all of our communities a better place! We have a resource guide online with over 3,500 free resources in Bergen, Hudson, Passaic Union and soon Mercer Counties!

All the resources like free clothing, food, shelters and all kinds of free things and events in your area so please join us on Face Book- www.facebook.com/HRG.Resources.News/ or any questions; email us @ Editor@HrgCommunityNews.com & we will send you our Face Book link.

Thank you for using the free resources For any information about us on any social media

WWW.HrgCommunityNews.com

(Anything in this guide that might be wrong or you have any comments, concerns or questions please feel free to call us 201-357-0828 fax-201-883-9366 or email us @ hrg_mediagroup@yahoo.com)





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Policies and Procedures for Shelter Admission and Discharge

Admission mandate: Individuals who are seeking shelter must be currently homeless and have lived in Bergen County prior to this episode of homelessness. Priorities are given to individuals who meet the HUD definition for chronic homelessness and those individuals seeking re-entry from the Bergen County Jail.

Exclusionary Criteria Include:

1. Individuals who require services for mental health that are beyond those available at the Center and that render the individual unable to remain safely and comfortably in this environment.
2. Causes danger to himself or others or interferes with the care and comfort of other guests;
3. The individual is in need of a level of medical or nursing care that cannot be rendered safely and effectively at the facility which include but are not limited to;
 - a. Are incontinent of urine or stools
 - b. Are required to use oxygen on-site
 - c. The individual is incapable of ambulation on stairs without personal assistance unless such a person can be assigned with ground level egress;
4. The individual is under 18 years of age
5. The individual is known to be involved in gang related activities
6. The individual has had a drug distribution charge within 6 months of admission
7. The individual has demonstrated problem behavior in the Center prior to applying for shelter

Individuals who meet the exclusionary criteria may be granted very short emergency status for the following reasons:

1. Have identified housing placement but require an brief interim stay
2. Extreme weather conditions exist
3. Have arrived at night or in a condition that they cannot safely leave

Shelter staff will assist in so far as possible persons who are accepted on an emergency basis, and who are not appropriately placed, to relocate within 72 hours of the admission.

The Center does not deny admission to a person, nor remove a resident, based upon race, religion or national origin.

Discharge Criteria:

1. Upon obtaining housing or a housing voucher (TBRA, TRA, Section 8, S+Care, HUD-VASH, Supportive Housing Placement) the guest will be given 30 days to exit the shelter.
2. Destruction of property.
3. Behavior that causes danger/disturbance to Center staff and/or guests.
4. Selling or sharing of drugs with others and/or using of illegal drugs on the premises.
5. Stealing
6. Fighting
7. Tampering with smoke detectors, building systems, security cameras and/or carbon monoxide detectors
8. Smoking in the facility
9. Fraternizing with anyone employed or volunteering at the Center
10. Possession of a weapon
11. Verbal/physical abuse
12. Extreme disrespect of either staff/security or other guests
13. Use of alcohol, drugs or unauthorized medications in the Center
14. Driving under the influence of drugs/alcohol on the property

Procedure:

Any verbal or physical abuse between guests or from guest to staff member will be reason for a guests to be escorted by police from the building. A guest may not return until they meet with the Director. These actions may result in the discharge of the guests involved. Guests are given written infractions for failure to abide by the house rules in their room.

Guests are given citations by security for more serious offenses which include intoxication and the attempt to bring alcohol/drugs onto the premises. Any physical and/or verbal occurrence will be included in an incident report. Copies of all these reports are kept in the guest file and will be reviewed at any time. Guests who are involved in 3 incidents may be asked to leave the Center. Guests who consistently receive citations and break rules will be given warnings which may lead up to their losing their shelter bed.

Admission process:

Individuals may apply for shelter in person during Next Step Hours. An intake will be completed and shelter application taken. During this time an assessment is made to determine the immediate needs of the resident and whether or not the facility can meet or continue to meet those needs.

If the individual meets the criteria they will be either sheltered immediately or placed on the waiting list. Individuals should check the status of their waitlist daily. If the individual cannot be accepted immediately they are given resource materials for other local shelters.

Referrals are also accepted from partner agencies and other institutions (jails, hospitals, probation and parole, nursing homes, rehabilitation centers, DYFS, social services and housing providers, houses of worship and families). In this case a referral form must be completed and additional information provided as needed. If the individual meets the criteria they will be either sheltered immediately or placed on the waiting list.

Within 24 hours staff will inform the resident of the conditions and rules governing shelter stay and discharge and of the services to be provided.

Appeal Process: If an individual is not accepted for shelter or has been negatively discharged, they may appeal this decision as follows:

- For individuals denied shelter admission or discharged from the shelter on a clinical basis they should contact the Center Director and if the issue is not resolved they should contact the Housing Authority of Bergen County.
- For individuals who are denied shelter admission or discharged from the shelter for all other reasons should contact the Shelter Manager and if the issue is not resolved they should contact the Center Director and finally the Housing Authority of Bergen County.